



If you're struggling in the water ...

**Tilt your head back with
ears submerged**

**Relax and move
your hands to help
you stay afloat**

Remember it. Share it.
FLOAT TO LIVE


#RESPECTTHEWATER

Photo: RNLI

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The RNLI is the charity that saves lives at sea
The Royal National Lifeboat Institution, a charity registered in England and Wales (209603), Scotland (SC037736), the Republic of Ireland (CHY 2678 and 20003326), the Bailiwick of Jersey (14), the Isle of Man (1308 and 006329F), the Bailiwick of Guernsey and Alderney, of West Quay Road, Poole, Dorset, BH15 1HZ